

# 16<sup>th</sup> ANNUAL CONNECTICUT SYNCHRONIZED SKATING CLASSIC

Hosted by the Hamden Figure Skating Association

**Sunday, February 14, 2010**

Freeman Athletic Center  
Wesleyan University  
161 Cross Street  
Middletown, Connecticut 06457

*This event is proud to participate in the Eastern Synchronized Skating Challenge Series. Participation in this series is open to all Beginner 1, 2, or 3 teams and preliminary, pre-juvenile, open juvenile, open collegiate or open adult teams. Visit [www.usfigureskating.org](http://www.usfigureskating.org) for more information on this series. Results of this event for participating teams will be reported to U.S. Figure Skating for calculation of the series results.*

**Entries:** All applications must be postmarked / received by: December 21, 2009. Use of certified mail with return receipt/FEDEX/UPS is suggested. Please mail completed entry form to:

**Margaret Abbagnaro  
CSSC  
11 Sunset Drive  
Wallingford, CT 06492**

**Entry Fees:** The entry fee is \$135 per event plus \$21 per competitor, including alternates. The entry fee for teams skating both a long and short program is \$175 plus \$21 per competitor, including alternates. The entry fee for Basic Skills beginner is \$100 per event plus \$15 per competitor, including alternates. The entry fee for collegiate teams is \$100 per team plus \$5 per skater. Please make checks payable to:

**Connecticut Synchronized Skating Classic.**

**No fees will be refunded for teams canceling after the deadline date. Practice ice is mandatory for teams competing under the IJS – intermediate, novice, junior, senior, collegiate, and adult.**

**Rink:** Rink measures 200' x 85' with rounded corners.

If you have questions, please contact: Margaret Abbagnaro at [abbagnaromarge@sbcglobal.net](mailto:abbagnaromarge@sbcglobal.net) or Cynthia Altieri at [cindyka@comcast.net](mailto:cindyka@comcast.net).

**General Rules:** The Connecticut Synchronized Skating Classic is sanctioned by U.S. Figure Skating and will be conducted under the rules set forth in the 2010 edition of the U.S. Figure Skating Rulebook and this announcement. Particular note should be taken of these sections:

- Rule 3080: Eligibility to compete
- Rule 1450: Events to be skated
- Rules 4660-4791: Requirements for each level
- Rule 3530: Duration and Warm-up Periods of Synchronized Team Skating

**Liability:** U.S. Figure Skating, Hamden Figure Skating Association, and Wesleyan University accept no responsibility for injury or damage sustained by any participant in these championships. This is in accordance with Rule 3222 of the 2009 edition of the official U.S. Figure Skating Rulebook.

**Judging System:** The ISU judging system (IJS) will be used for, collegiate, adult, intermediate, novice, junior and senior events.

All teams competing in a level judged under the IJS will be required to complete a planned program content sheet. Each team's Planned Program Content sheet must be turned in with the team's music at registration, or team coaches / contact people can complete it via their Member's Only profile at [www.usfsaonline.org](http://www.usfsaonline.org)



## SECTION 1: BASIC SKILLS / BEGINNER EVENTS

For all events: No skaters may have passed higher than the preliminary test in any discipline, and the majority of the team must be “no test.”

*“The purpose for the competition is to promote a FUN, introductory competitive experience for the beginning skater.”*

### A. Basic Skills Beginner 1

A team of 8 to 16 skaters. The majority of the team must be under 9 on the preceeding July 1.

Program duration: 1 ½ - 2minutes +/- 10 sec.

Required elements:

- a. **Circle:** 1 circle, include a 2-foot turn and a forward inside and/or forward outside edge glide
- b. **Line:** Cover the ice and include only forward skating skills.
- c. **Block:** Cover the ice and include only one configuration.
- d. **Wheel:** A 4-spoke wheel with backward pumps.
- e. **Intersection:** 2 lines facing each other, forward 2-foot glide at the point of intersection.

**RESTRICTIONS:**

- No additional elements allowed.
- Holds may only include shoulder-to-shoulder and hand-to-hand.
- No changes or direction and traveling within elements.
- No steps or moves in Basic 6 or higher.

### B. Basic Skills Beginner 2

A team of 8 to 16 skaters. The majority of the team must be 9 – 11 years old on the preceeding July 1.

Program duration: 1 ½ - 2minutes +/- 10 sec.

Required elements:

- a. **Circle:** 1 circle, include the combination move\* from Basic 8
- b. **Line:** Cover the ice may include both forward and backward skating skills.
- c. **Block:** Cover the ice and include 1 or 2 configurations.
- d. **Wheel:** Wheel of choice with backward pumps.
- e. **Intersection:** 2 lines facing each other, forward 2-foot or 1-foot glide at the point of intersection.

**RESTRICTIONS:**

- No additional elements allowed.
- Holds may only include shoulder-to-shoulder and hand-to-hand
- No changes or direction and traveling within elements.
- No steps or moves in Free Skate 2 or higher.

### C. Basic Skills Beginner 3

A team of 8 to 16 skaters. The majority of the team must be at least 12 years old on the preceeding July 1

Program duration: 2–2 ½ minutes +/- 10 sec.

Required elements:

- a. **Circle:** 1 circle, include the combination move\* from Basic 8
- b. **Line:** Cover the ice must include both forward and backward skating skills.
- c. **Block:** Cover the ice and include 2 or 3 configurations.
- d. **Wheel:** Wheel of choice.
- e. **Intersection:** 2 lines facing each other, forward 1-foot glide or forward lunge at the point of intersection.

**RESTRICTIONS:**

- No changes or direction and traveling within elements.
- 

\* The combination move is element C in Basic 8: Two forward crossovers into a forward inside mohawk, step down or cross behind, step into a backward crossover, step forward onto a forward inside edge glide. It does not need to be repeated, and does not need to be done in both directions.

These levels are part of the U.S. Figure Skating Basic Skills program. Basic Skills competition guidelines will be used. There will be no more than 6 teams in each group, and judges must only be members of U.S. Figure Skating at least 16 years old. If there are not enough entries, Beginner 1 and Beginner 2 can be combined, at the discretion of the chief referee.



## SECTION 2: U.S. FIGURE SKATING STANDARD COMPETITIVE EVENTS

*\* New rules adopted at the 2009 Governing Council are underlined. Please note that the Open Junior level has been eliminated from U.S. Figure Skating competition.*

- A. Preliminary:** A team of 8 to 16 skaters. All skaters must be under 12. The majority of the team must be under 10 on the preceding July 1.  
Program duration: 2 minutes.  
Well balanced program: Rule 4710
- C. Pre-Juvenile:** A team of 8 to 12 skaters. The majority of the team must be under 12 on the preceding July 1.  
Program duration: 2 minutes.  
Well balanced program: Rule 4760
- D. Open Juvenile:** A team of 8 to 12 skaters. The majority of the team must be under 19 on the preceding July 1. All skaters must have passed the pre-preliminary moves in the field test.  
Program duration: 2 ½ minutes.  
Well balanced program: Rule 4770
- E. Juvenile:** A team of 12 to 20 skaters. Skaters must be under 13 on the preceding July 1 and have passed the preliminary moves in the field test.  
Program duration: 3 minutes.  
Well balanced program: Rule 4700
- F. Intermediate:** A team of 12 to 20 skaters. Skaters must be under 18 on the preceding July 1 and have passed the pre-juvenile moves in the field test.  
Program duration: 3 ½ minutes.  
Well balanced program: Rule 4690
- G. Novice:** A team of 12 to 20 skaters. Skaters must be under 16, with the exception that up to 4 team members may be 16 or 17, on the preceding July 1 and have passed the juvenile moves in the field test.  
Program duration: 3 ½ minutes.  
Well balanced program: Rule 4680
- H. Junior:** A team of 12 to 16 skaters. Skaters must be at least 12 and under 19 on the preceding July 1. All skaters must have passed the intermediate moves in the field test.  
Short program duration: Maximum 2 minutes, 50 seconds  
Free skate duration: 4 minutes  
Well balanced program and short program: Rule 4670
- I. Senior:** A team of 16 skaters. Skaters must be at least 14 on the preceding July 1 and have passed the novice moves in the field test.  
Short program duration: Maximum 2 minutes, 50 seconds  
Free skate duration: 4 ½ minutes.  
Well balanced program and short program: Rule 4660
- J. Open Collegiate** A team of 8 to 16 skaters. Skaters must be enrolled in a college or university as a full-time student, as of the entry deadline.  
Program duration: 3 minutes.  
Well balanced program: Rule 4790
- K. Collegiate:** A team of 12 to 20 skaters. Skaters must be enrolled in a college or university as a full-time student, as of the entry deadline, and have passed the juvenile moves in the field test.  
Program duration: 4 minutes.  
Well balanced program: Rule 4720

**L. Open Adult:** A team of 8 to 12 skaters. The majority of skaters must be 19 years or older on the preceding July 1.  
 Program duration: 2 ½ minutes.  
 Well balanced program: Rule 4780

**M. Masters:** A team of 12 to 20 skaters. Skaters must be at least 25, and the majority of the team must be at least 35 on the preceding July 1.  
 Program duration: 3 minutes.  
 Well balanced program: Rule 4740

**N. Adult:** A team of 12 to 20 skaters. All skaters must be at least 21 on the preceding July 1. All skaters must have passed either the preliminary moves in the field test, the adult bronze moves in the field test, the preliminary figure test or the preliminary dance test.  
 Program duration: 3 ½ minutes  
 Well balanced program: Rule 4730

**Host clubs / referees have the ability to alter test requirements for entering levels at non qualifying competitions. Please select one of the following statements as a note in your announcement:**

*Note to teams regarding moves in the field test requirements:*  
 Moves in the field test requirements must be met by the entry deadline of December 21, 2009.

**Crossover Rules:** The chart below illustrates where crossover skaters are allowed. The shaded areas indicate no crossovers are allowed. An “X” indicates crossovers are allowed between the two levels, providing all requirements are met as defined Rules 4660 – 4791.

| Level Athlete is Skating In | Preliminary | Pre - Juvenile | Open Juvenile | Juvenile | Intermediate | Novice | Junior | Senior | Open Collegiate | Collegiate | Open Adult | Masters | Adult |
|-----------------------------|-------------|----------------|---------------|----------|--------------|--------|--------|--------|-----------------|------------|------------|---------|-------|
| Preliminary                 |             |                |               |          |              |        |        |        |                 |            |            |         |       |
| Pre - Juvenile              |             |                |               |          |              |        |        |        |                 |            |            |         |       |
| Open Juvenile               |             |                |               |          |              |        |        |        |                 |            |            |         |       |
| Juvenile                    |             |                |               |          |              | X      |        |        |                 |            |            |         |       |
| Intermediate                |             |                |               |          |              |        |        |        |                 |            |            |         |       |
| Novice                      |             |                |               | X        |              |        | X      | X      |                 |            |            |         |       |
| Junior                      |             |                |               |          |              | X      | X      | X      |                 | X          |            |         |       |
| Senior                      |             |                |               |          |              | X      | X      |        |                 | X          |            |         | X     |
| Open Collegiate             |             |                |               |          |              |        |        |        |                 |            |            |         |       |
| Collegiate                  |             |                |               |          |              |        | X      | X      |                 |            |            |         | X     |
| Open Adult                  |             |                |               |          |              |        |        |        |                 |            |            |         |       |
| Masters                     |             |                |               |          |              |        |        |        |                 |            |            |         | X     |
| Adult                       |             |                |               |          |              |        |        | X      |                 | X          |            | X       |       |

**Awards:** Award ceremonies will be scheduled ON-ICE throughout the day. Medals are given for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> place. Junior and senior short program/free skates are combined events.

**Practice Ice:** Practice ice is **mandatory** for teams competing under the IJS – intermediate, novice, junior, senior, collegiate, and adult and will be held on 2/13/08 starting at 6:00 PM.

- Practice Ice Request Form **MUST** be included with competition application.

- Practice ice fees (\$80/10-12 minutes) are **nonrefundable**.
- Assignment of practice ice time is at the discretion of the technical officials.
- Once mandatory practice ice has been scheduled, non IJS teams will be notified of additional available practice ice.

**Music:** Rules governing music selection can be found in the U.S. Figure Skating rulebook, rules 2660-4791.

*Only CDs (standard Compact Disk format) or cassette tapes (no cases, please) will be accepted.*

- CDs: Must be clearly marked with name, event entered and the music length and contained in a hard sided "jewel" case.
- Cassettes: Must be clearly marked with name, event entered, length of music and side to be played.

**Due to compatibility and reliability reasons no music may be submitted on re-recordable "CDRW" discs.**

Competition music must be turned in at the registration desk and must be submitted no later than two hours prior to the event in which the team is skating. All music must be picked up at the completion of the competition. CDs and cassettes will not be mailed back to competitors.

All teams must have an additional copy of their music available for practice sessions. Teams must also have an extra copy available quickly during the actual competition event. The organizing committee will not accept responsibility for damage or loss of music but will take every precaution to ensure their safety.

**Registration:** The registration desk, in the rink lobby, will be open at the start of practice ice. One team designate will sign for the team information packet. All coaches will need to sign for the coach packet. Teams should register and submit their music 2 hours before the start of their event.

**Souvenirs:** Vendors selling skating merchandise, including competition logo wear will be available in the atrium.

**Admission:** Competitor, coach and two chaperone passes will be provided for each team entered. Admission for all others will be \$8.00 each. Tickets, pins and programs may be preordered (form attached).

**Food:** A snack bar will be available as well as a bake sale. Many restaurants are in the immediate area of the rink.

**Accommodations:** Teams are encouraged to make arrangements as soon as possible.

- Courtyard by Marriott located at 4 Sebethe Drive, Cromwell, CT (860) 635-1001 X409 ask for John Banks [www.marriott.com/bdlhc](http://www.marriott.com/bdlhc)
- Inn at Middletown located at 70 Main Street, Middletown, CT (860) 854-6300 ask for Beth Pruchnic [www.innatmiddletown.com](http://www.innatmiddletown.com)
- Four Points Sheraton located at 275 Research Parkway, Meriden, CT (203) 238-2380 ask for in-house reservations [www.fourpointsmeriden.com](http://www.fourpointsmeriden.com)

**Transportation:** Buses must park at Palmer Field. Parking for others is available in three (3) lots. Signs will be posted. Maps of the parking area will be mailed to each team.

**Competition Schedule:** The competition schedule will be emailed to the team contact and posted at [www.teamesprit.com](http://www.teamesprit.com) when made available by the referee.

**Contact Information:** For questions, please contact the following individuals:

Competition Chairs/Practice ice:

Cindy Altieri

[cindyka@comcast.net](mailto:cindyka@comcast.net)

203-248-4398

Marge Abbagnaro

[abbagnaromarge@sbcglobal.net](mailto:abbagnaromarge@sbcglobal.net)

203-679-0462

Chief Referee: Ann Fauver

[aftsynchro@roadrunner.com](mailto:aftsynchro@roadrunner.com)

**CONNECTICUT SYNCHRONIZED SKATING CLASSIC**  
**February 14, 2010**

**ENTRY FORM 1: Team Information**

|                       |  |                        |             |
|-----------------------|--|------------------------|-------------|
| Team name:            |  | U.S. Figure Skating #: |             |
| Club: (if applicable) |  |                        |             |
| Team contact person:  |  |                        |             |
| Daytime phone number: |  | E-mail:                |             |
| Address:              |  | City                   | State / ZIP |
| Primary coach:        |  | U.S. Figure Skating #  |             |
| Daytime phone number: |  | E-mail:                |             |
| Number of skaters:    |  | Number of alternates:  |             |

**\*\*PLEASE: ONE ENTRY FORM PER EVENT/LINE\*\***

**Please check the level and/or event (s) entered:**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> BS Beginner 1 | <input type="checkbox"/> Juvenile             | <input type="checkbox"/> Open collegiate |
| <input type="checkbox"/> BS Beginner 2 | <input type="checkbox"/> Intermediate         | <input type="checkbox"/> Collegiate      |
| <input type="checkbox"/> BS Beginner 3 | <input type="checkbox"/> Novice               | <input type="checkbox"/> Open adult      |
| <input type="checkbox"/> Preliminary   | <input type="checkbox"/> Junior short program | <input type="checkbox"/> Adult           |
| <input type="checkbox"/> Pre-Juvenile  | <input type="checkbox"/> Junior free skate    | <input type="checkbox"/> Masters         |
| <input type="checkbox"/> Open Juvenile | <input type="checkbox"/> Senior short program |  |
|  | <input type="checkbox"/> Senior free skate    |  |

|   |                                 |
|---|---------------------------------|
| Entry Fee: Enclosed is \$ _____ for ____ team events. | \$135 per team/event            |
|   | \$175 combined short/long       |
| \$ _____ for ____ competitors.                        | \$21 per skater/event           |
| \$ _____ for ____ beginner events                     | \$100 per team/beginner event   |
| \$ _____ for ____ competitors                         | \$15 per skater/beginner event  |
| \$ _____ for ____ collegiate events                   | \$100 per team/collegiate event |
| \$ _____ for ____ competitors                         | \$5 per skater/collegiate event |

Checks should be made payable to:

**Connecticut Synchronized Skating (CSSC)**

Please send all forms and fees to:

*Marge Abbagnaro  
 11 Sunset Drive  
 Wallingford, CT 06492*

All fees and entry forms must be received by:

**December 21, 2009**

**CONNECTICUT SYNCHRONIZED SKATING CLASSIC**  
**February 14, 2010**

**ENTRY FORM 1: Team Information**

Note: Team managers, please carry proof of age and birth date for all competitors.

Note for collegiate / open collegiate teams: Please bring with you a copy of the collegiate certification page, or alternate proof of your athletes' student status, as of the entry deadline.

Note for beginner teams: Beginner teams may choose to represent either a full member club or a U.S. Figure Skating Basic Skills school / program.

**CONNECTICUT SYNCHRONIZED SKATING CLASSIC**  
*February 14, 2010*

**ENTRY FORM 2: Team Entry Form**

|            |        |
|------------|--------|
| Team Name: | Level: |
|------------|--------|

| SKATER NAMES IN ALPHABETICAL ORDER<br>Last name first | Birth date | U.S. Figure Skating #** | Highest MITF test passed * |
|---|------------|-------------------------|----------------------------|
| 1.  |            |                         |                            |
| 2.  |            |                         |                            |
| 3.  |            |                         |                            |
| 4.  |            |                         |                            |
| 5.  |            |                         |                            |
| 6.  |            |                         |                            |
| 7.  |            |                         |                            |
| 8.  |            |                         |                            |
| 9.  |            |                         |                            |
| 10.   |            |                         |                            |
| 11.   |            |                         |                            |
| 12.   |            |                         |                            |
| 13.   |            |                         |                            |
| 14.   |            |                         |                            |
| 15.   |            |                         |                            |
| 16.   |            |                         |                            |
| 17.   |            |                         |                            |
| 18.   |            |                         |                            |
| 19.   |            |                         |                            |
| 20.   |            |                         |                            |
| Alt. 1.***  |            |                         |                            |
| Alt. 2.***  |            |                         |                            |
| Alt. 3.***  |            |                         |                            |
| Alt. 4.***  |            |                         |                            |

\* Required for teams entering open juvenile, juvenile, intermediate, novice, junior, senior, collegiate and adult. Also required for beginner teams. **Skaters on beginner teams are not permitted to have passed higher than preliminary, and the majority of the team must be no-test.**

\*\* Skaters on beginner teams may be either full U.S. Figure Skating members or Basic Skills members.

\*\*\*Teams are permitted to have a maximum for four alternates, in addition to the maximum number of athletes allowed on the ice at their level.

**CONNECTICUT SYNCHRONIZED SKATING CLASSIC**  
*February 14, 2010*

**ENTRY FORM 3: Liability Waiver / Certification by Club Officer**

|            |        |
|------------|--------|
| Team Name: | Level: |
|------------|--------|

*U.S. Figure Skating and the clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, U.S. Figure Skating, the club hosting the competition, and against its officers, and their entries shall be accepted only on such condition.*

| Skater's name in alphabetical order | Skater signature or parent / guardian (if skater is under 18) |
|-------------------------------------|---|
| 1.                                  |   |
| 2.                                  |   |
| 3.                                  |   |
| 4.                                  |   |
| 5.                                  |   |
| 6.                                  |   |
| 7.                                  |   |
| 8.                                  |   |
| 9.                                  |   |
| 10.                                 |   |
| 11.                                 |   |
| 12.                                 |   |
| 13.                                 |   |
| 14.                                 |   |
| 15.                                 |   |
| 16.                                 |   |
| 17.                                 |   |
| 18.                                 |   |
| 19.                                 |   |
| 20.                                 |   |
| Alt. 1                              |   |
| Alt. 2                              |   |
| Alt. 3                              |   |
| Alt. 4                              |   |

**Club officer or skating school director:** *All of the skaters listed on the team entry form are to the best of my knowledge, eligible members in good standing and eligible to compete under U.S. Figure Skating or Skate Canada rules.*

|                                    |           |
|------------------------------------|-----------|
| Print Name:                        | Signature |
| Title:                             |           |
| Club or Basic Skills program name: |           |

**CONNECTICUT SYNCHRONIZED SKATING CLASSIC**  
*February 14, 2010*

**ENTRY FORM 4:** Collegiate Certification page – for collegiate and open collegiate teams **ONLY**.

Collegiate and open collegiate teams must comply with Rule 4720 (collegiate) or Rule 4790 (open collegiate). Athletes must be considered full-time students by the college or university they attend, as of the entry deadline for this event. Use a separate form for each institution the members attend, collect all of the forms and send them together. Students may also choose another method to prove their student status, such as a print out of an unofficial transcript or a letter from the registrar.

|            |                             |
|------------|-----------------------------|
| Team Name: | U.S. Figure Skating Number: |
| Level:     |                             |

| LAST NAME | FIRST NAME | STUDENT ID NUMBER |
|-----------|------------|-------------------|
| 1.        |            |                   |
| 2.        |            |                   |
| 3.        |            |                   |
| 4.        |            |                   |
| 5.        |            |                   |
| 6.        |            |                   |
| 7.        |            |                   |
| 8.        |            |                   |
| 9.        |            |                   |
| 10.       |            |                   |
| 11.       |            |                   |
| 12.       |            |                   |
| 13.       |            |                   |
| 14.       |            |                   |
| 15.       |            |                   |
| 16.       |            |                   |
| 17.       |            |                   |
| 18.       |            |                   |
| 19.       |            |                   |
| 20.       |            |                   |
| 21.       |            |                   |
| 22.       |            |                   |
| 23.       |            |                   |
| 24.       |            |                   |

**TO BE COMPLETED BY THE REGISTRAR:**

I certify that the students listed above are considered full-time students by the following institution:

\_\_\_\_\_

Name of Registrar: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_